HEADGEAR SYSTEM WITH DISPLAY

ABSTRACT OF THE DISCLOSURE

A headgear system which includes headgear with an upper headgear portion for being worn on a user's head. A lower headgear portion extends forwardly relative to a lower front portion of the user's head and below the user's eyes. A display assembly is mounted to the lower headgear portion for being located below at least one of the user's eyes so as not to obstruct the user's vision. The display assembly has a display that is visible when the at least one of the user's eyes looks downwardly. The display assembly is configured to be adjustable by the user while the headgear system is worn by the user for changing the orientation of the display for suitable viewing.